

FORM 144
NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

WORK LOCATION

1 (a) NAME OF ISSUER (Please type or print) Louisiana Pacific Corporation		(b) IRS IDENT. NO. 93-0609074		(c) S.E.C. FILE NO. 1-7107		WORK LOCATION	
1 (d) ADDRESS OF ISSUER 414 Union Street Suite 2000		STREET Nashville TN		CITY 37219		STATE ZIP CODE	
						(e) TELEPHONE NO. AREA CODE 615	
						NUMBER 936-5600	
2 (a) NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD E. Gary Cook		RELATIONSHIP TO ISSUER Chairman of Board		(c) ADDRESS STREET 414 Union St. Ste 2000 Nashville TN		CITY STATE ZIP CODE 37219	

3 (a)	(b)	SEC USE ONLY	(c)	(d)	(e)	(f)	(g)
		Broker-Dealer File Number					
Title of the Class of Securities To Be Sold	Name and Address of Each Broker Through Whom the Securities are to be Offered or Each Market Maker who is Acquiring the Securities		Number of Shares or Other Units To Be Sold (See instr. 3(c))	Aggregate Market Value (See instr. 3(d))	Number of Shares or Other Units Outstanding (See instr. 3(e))	Approximate Date of Sale (See instr. 3(f)) (MO. DAY YR.)	Name of Each Securities Exchange (See instr. 3(g))
Common	D.A. Davidson & Co. 1300 SW 5th Ave. Ste 1450 Portland OR 97201		8887	\$ 176,051.47	112.2 m	5/18/20	NYSE

3. (a) Title of the class of securities to be sold
- (b) Name and address of each broker through whom the securities are intended to be sold
- (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)
- (d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice
- (e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
- (f) Approximate date on which the securities are to be sold
- (g) Name of each securities exchange, if any, on which the securities are intended to be sold

SEC 1147 (08-07)

TABLE I — SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired (If gift, also give date donor acquired)	Amount of Securities Acquired	Date of Payment	Nature of Payment
Common	Grant Date 6/1/2010	Stock Option Exercise	Issuer	8,887	Upon exercise and Sale on 5/18/20	Cash

INSTRUCTIONS:

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II — SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold:

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
N/A				

REMARKS:


INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (c) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION: The person for whose account the securities to which this notice relates are to hereby represents by signing this notice that he does not know any material adverse information the current and prospective operations of the Issuer of the securities to be sold which has not been disclosed. If such person has adopted a written trading plan or given trading instructions to sell 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or instruction given, that person makes such representation as of the plan adoption or instruction given.

MAY 18, 2020
DATE OF NOTICE

DATE OF PLAN ADOPTION OR GIVING OF INSTRUCTION,
IF RELYING ON RULE 10b5-1


(SIGNATURE) E. Gery Cook

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed. Any copies not manually signed shall bear typed or printed name.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1013)